WORKSHOP

4 CPD points
Open to all interested professionals and students

20% DISCOUNT WHEN YOU RSVP & PAY BEFORE 17 MAY!

THE SOUTH AFRICAN DEPRESSION AND ANXIETY GROUP
KwaZulu-Natal

SADAG KZN PRESENTS

Telling stories for life: A practical introduction to Narrative Therapy

Presented by
Dr Thirusha Naidu, PhD
Clinical Psychologist

Narrative therapy is a postmodern psychotherapy approach, used by a diverse range of health professionals, to treat & manage various mental health problems.This interactive workshop will discuss the core concepts needed for application in your practice when engaging with clients & groups.

This workshop will cover:

> Theoretical foundations
> Deconstructing problems
> Thickening alternative stories
> Questioning strategies
> Applied case studies

SATURDAY, 1 JUNE, 2019
8.30 – 12.30 PM

Life Entabeni Hospital Boardroom, Glenwood, Durban

R 850

20% discount to registered DPPG members

Limited seats available!
RSVP by 30 May 2019 to
mentalhealthmatters3@gmail.com

**All proceeds of this workshop will used to fund community-based mental health projects for the South African Depression and Anxiety Group (SADAG) KZN office.*

WWW.SADAG.ORG | KZNSADAG@ANXIETY.ORG.ZA