WHO IS SADAG KZN?
SADAG KZN opened its doors in Durban in 2018 and is based in Glenwood, Durban. This project is coordinated by Regional Directors Dr Suvira Ramall (Specialist Psychiatrist) and Suntosh Pillay (Clinical Psychologist), and is locally managed by Lynn Norton (PhD Health Promotion Specialist), and Chantelle Booysen (Project Manager and Youth Ambassador) with the support of the national office based in Gauteng. This initiative is an expansion of the KZN Mental Health Advocacy group that began in 2015.

OUR MISSION
To create a province where every community and individual is supported towards achieving and maintaining optimal mental wellness and where all those affected by mental illness are holistically supported in their journey of recovery.

OUR VISION
To run a sustainable satellite office of the South African Depression and Anxiety Group (SADAG) in the eThekwini district of KwaZulu-Natal (KZN), that becomes the flagship center of excellence and innovation in mental health promotion, education, support services and advocacy.

OUR OBJECTIVES
- To secure sustainable funding towards operational costs in order to promote further our work in designing, implementing and evaluating mental health interventions in communities, schools and universities.
- Grow our staff compliment to a versatile team that supports mental health interventions holistically.
- To develop local partnerships and involve stakeholders in promoting our vision to create a mentally healthy province.
- To develop international partnerships in order to gain support for local initiatives.
- To create locally attuned mental health interventions that supports people and communities in a cost effective way.

OUR FOCUS
- Improve mental health literacy in KZN
- Promote mental wellness for everyone
- Decrease stigma associated with mental illness
- Promote community mental health projects and activities
- Provide communities with healthy adaptive alternatives to self-destructive behaviours

WHY KZN?
- 10 mil. people in KZN area, 80% rely on public health care & 21% are unemployed
- 2nd highest number of calls to a national mental health helpline in 2017 came from KZN
- KZN is the epicenter of the HIV epidemic, compounded by poverty, tuberculosis, substance abuse

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