26 April 2019

Substance Abuse

Learn more about Drug Abuse, Binge Drinking, Gambling Addiction, Substance Abuse in the Workplace, Treatments & how to help a loved one.

1PM: Psychiatrist - Dr Lize Weich
7PM: Clinical Psychologist - Fehmeeda Akoob

Facebook Page: The South African Depression and Anxiety Group
Log in via: www.sadag.org
Join the FREE #FacebookFriday Online Q & A this Friday the 26th of April to learn more about Drug Abuse, Binge Drinking, Gambling Addiction, Substance Abuse in the Workplace, Treatments & how to help a loved one. Addressed by experts Dr Lize Weich at 1pm and Fehmeeda Akoob at 7pm.

To join the chats, LIKE SADAG’s Facebook Page: The South African Depression and Anxiety Group or go to www.sadag.org. Facebook Users that would like to remain anonymous can send an email to media@anxiety.org.za and SADAG will ask on their behalf.

If you or a loved one are struggling to cope, call 0800 12 13 14 or sms 32312 to speak to a counsellor or visit www.sadag.org for more info. The Ke Moja Substance Abuse Online Counselling platform is available every day from 10am till 2pm.