





"successful suicide" or "unsuccessful suicide



"died by suicide" or "took their own life"



Because it suggests suicide is a desired outcome. No one wins if someone dies by suicide.











"committed suicide" or "commit suicide



DO SAY:

"took their own life" or "died by suicide"



WHY?

Because it associates suicide with a crime or sin











WHY?

It means that someone hasn't died, they are still alive & there is a chance to get them help. So not dying by suicide is not a fail







DONT SAY:
"suicide epidemic"



DO SAY:
"increasing rates" or
"higher rates"



WHY?
Because it
sensationalises
suicide









DO SAY:

refrain from using the word suicide out of context



WHY?
Because it is an inaccurate use of the term 'suicide'