



## What are Prescribed Minimum Benefits (PMBs)?

Prescribed Minimum Benefits (PMBs) are a set of defined benefits to ensure that all medical scheme members have access to certain minimum health services, regardless of the benefit option they have selected. The aim is to provide people with continuous care to improve their health and well-being and to make healthcare more affordable.

PMBs are a feature of the Medical Schemes Act, in terms of which medical schemes have to cover the costs related to the diagnosis, treatment and care of:

- any emergency medical condition;
- a limited set of 270 medical conditions; and
- 25 chronic conditions defined in the Chronic Diseases List (CDL).

Medical schemes must pay in full, without a co-payment or the use of deductibles, for the diagnosis, treatment and care costs of the Prescribed Minimum Benefit conditions. The medical scheme cannot use your medical savings account to pay for Prescribed Minimum Benefits.

Each option offered by a medical scheme must make provision for the Prescribed Minimum Benefits, including hospital plan options.

| Abbreviations used: |                              |  |
|---------------------|------------------------------|--|
| CMS                 | Council for Medical Schemes  |  |
| PMBs                | Prescribed Minimum Benefits  |  |
| CDL                 | Chronic Diseases List        |  |
| DTP                 | Diagnosis and Treatment Pair |  |
| DSP                 | Designated Service Provider  |  |
| NOS                 | Not Otherwise Specified      |  |
| #                   | Overriding Factors           |  |



# Questions and Answers on PMBs

(Prescribed Minimum Benefits)

## 1 Is it true that schemes now also have to provide chronic medication?

Yes, the list of PMBs includes 25 common chronic diseases in the Chronic Diseases List (CDL) and other chronic conditions within the  $\pm$ 270 Diagnosis and Treatment Pair (DTP) section. Medical schemes have to provide cover for the diagnosis, treatment and care of these diseases. However, you should remember that a medical scheme does not have to pay for diagnostic tests that establish that you are not suffering from a PMB condition.

The treatment algorithms (guidelines for appropriate treatment) for each of the CDL conditions have

been published in the Government Gazette while the chronic diseases in the DTP section are guided by public sector protocols. This assures you of good quality treatment and reassures your medical scheme that it will not have to pay for unnecessary treatment. Your doctor should know and understand most of the guidelines so that he or she can help you get the treatment you need for any of these conditions without incurring costs that your scheme does not cover.



## Does my scheme need to do anything to ensure that the Designated Service Provider (DSP) can treat me?

The Council for Medical Schemes (CMS) has been advising medical schemes to enter into contracts with any DSP they choose, especially state hospitals, to ensure that these providers can supply the necessary services. Other schemes have made arrangements with private hospitals and certain retail pharmacies to treat their beneficiaries.





#### Can I be refused cover for the chronic conditions if I do not get 3 authorisation or have certain tests?

conditional on you obtaining pre-authorisation or joining a benefit management programme. These programmes are aimed at educating members about the nature of their disease and equipping

Yes, medical schemes can make a benefit them to manage it in a way that keeps them as healthy as possible. For example, many schemes offer treatment through groups that manage diseases such as diabetes, and are equipped to give the medication and monitor that disease.

#### Can my scheme insist that it will only fund treatment that follows the 4 appropriate protocol?

Yes. The minimum medicines for treatment of all PMB conditions have been published in the Government Gazette, and are known as treatment algorithms (benchmarks for treatment). Your scheme may decide for which medicines it will pay for each chronic condition, but the treatment

may not be below the standards published in the treatment protocols. Your medical scheme must, however, pay for the treatment if your doctor can prove that the standard medication is ineffective or detrimental to your condition.

5

#### Can my scheme make me pay for a PMB from my savings account?

No, the regulations state that schemes cannot use your medical savings account to pay for PMBs.



### Can my scheme refuse to cover my medication if I need, or want, a brand other than that which the scheme says it will pay for? 6

No, the scheme may charge a co-payment as specified in the scheme rules if a non-formulary drug is used. Your scheme may draw up what is known as a formulary – a list of safe and effective medicines that can be prescribed to treat certain conditions. The scheme may state in its rules that it will only cover your medication in full if your doctor prescribes a drug on that formulary. Generally speaking, schemes expect their members to stick to the formulary medication.

If you suffer from specific side-effects from drugs on the formulary, or if substituting a drug on the formulary with one you are currently taking affects your health detrimentally, you can put your case to vour medical scheme and ask the scheme to pay for your medicine.

If your treating doctor can provide the necessary proof and the scheme agrees that you suffer from side-effects, or that the drug is ineffective, then the scheme must give you an alternative and pay for it in full.





#### Can my scheme make me pay a co-payment or levy on a PMB?

No, your scheme cannot charge you a (DSP) and you voluntarily use a different provider, co-payment or levy on a PMB if you follow the scheme formulary and protocol. However, if your scheme appoints a Designated Service Provider

your scheme may charge you a co-payment as registered in the scheme rules.

8

9

#### Can schemes still set a chronic medicine limit?

medicine benefit. Any chronic medication you claim for will then reduce that limit, regardless of whether or not it is one of the PMB chronic

Yes, your scheme can set a limit for your chronic conditions. However, if you exhaust your chronic medicine limit, your scheme will have to continue paying for any chronic medication you obtain from its DSP for a PMB condition.

### What are emergency conditions?

An emergency medical condition means the sudden and, at the time, unexpected onset of a health condition that requires immediate medical treatment and / or an operation. If the treatment is not available, the emergency could result in weakened bodily functions, serious and lasting damage to organs, limbs or other body parts, or even death.

In an emergency it is not always possible to diagnose the condition before admitting the patient for treatment. However, if doctors suspect that the patient suffers from a condition that is covered by PMBs, the medical scheme has to approve treatment. Schemes may request that the diagnosis be confirmed with supporting evidence within a reasonable period of time.

#### Am I covered for PMBs if I have 10 chosen a basic hospital plan within a medical scheme?

Yes, all options regardless of contribution levels must cover PMBs at full cost in and out of hospital, including the 25 chronic conditions.



## List of 270 Diagnosis and Treatment Pairs (DTPs)



### BRAIN AND NERVOUS SYSTEM

| Code | Diagnosis   | Treatment   |
|------|---|---|
| 906A | Acute generalised paralysis, including polio and Guillain-<br>Barre   | Medical management; ventilation and plasmapheresis  |
| 341A | Basal ganglia, extra-pyramidal disorders; other dystonias<br>NOS  | Initial diagnosis; initiation of medical management   |
| 950A | Benign and malignant brain tumours, treatable   | Medical and surgical management, which includes radiation therapy and chemotherapy                        |
| 49A  | Compound / depressed fractures of skull   | Craniotomy / craniectomy  |
| 213A | Difficulty in breathing, eating, swallowing, bowel, or<br>bladder control due to non-progressive neurological<br>(including spinal) condition or injury | Medical and surgical management; ventilation  |
| 83A  | Encephalocele; congenital hydrocephalus   | Shunt; surgery  |
| 902A | Epilepsy (status epilepticus, initial diagnosis, candidate for neurosurgery)  | Medical management; ventilation; neurosurgery   |
| 211A | Intraspinal and intracranial abscess  | Medical and surgical management   |
| 905A | Meningitis – acute and subacute   | Medical and surgical management   |
| 513A | Myasthenia gravis; muscular dystrophy; neuro-<br>myopathies NOS   | Initial diagnosis; initiation of medical management;<br>therapy for acute complications and exacerbations |
| 510A | Peripheral nerve injury with open wound   | Neuroplasty   |

| Code | Diagnosis  | Treatment  |
|------|--|--|
| 940A | Reversible CNS abnormalities due to other systemic disease                     | Medical and surgical management  |
| 1A   | Severe / moderate head injury: haematoma / edema with loss of consciousness    | Medical and surgical management; ventilation   |
| 84A  | Spina Bifida   | Surgical management  |
| 941A | Spinal cord compression, ischaemia or degenerative disease NOS                 | Medical and surgical management  |
| 901A | Stroke – due to hemorrhage, or ischaemia                                       | Medical management;<br>surgery   |
| 28A  | Subarachnoid and intracranial haemorrhage /<br>haematoma; Compression of brain | Medical and surgical management  |
| 305A | Tetanus  | Medical management;<br>ventilation   |
| 265A | Transient cerebral ischaemia; life-threatening cerebrovascular conditions NOS  | Evaluation;<br>medical management;<br>surgery  |
| 109A | Vertebral dislocations / fractures, open or closed with injury to spinal cord  | Repair / reconstruction;<br>medical management;<br>inpatient rehabilitation up to 2 months |
| 684A | Viral meningitis, encephalitis, myelitis and encephalomyelitis                 | Medical management   |

|      |   | EYE  |
|------|---|--|
| Code | Diagnosis   | Treatment  |
| 47B  | Acute orbital cellulitis  | Medical and surgical management  |
| 394B | Angle-closure glaucoma  | Iridectomy; laser surgery; medical and surgical management                         |
| 586B | Bell's palsy; exposure keratoconjunctivitis   | Tarsorrhaphy; medical and surgical management                                      |
| 950B | Cancer of the eye and orbit – treatable   | Medical and surgical management, which includes radiation therapy and chemotherapy |
| 901B | Cataract; aphakia   | Extraction of cataract; lens implant   |
| 911B | Corneal ulcer; Superficial injury of eye and adnexa   | Conjunctival flap; medical management  |
| 405B | Glaucoma associated with disorders of the lens  | Surgical management  |
| 386B | Herpes zoster & herpes simplex with ophthalmic<br>complications   | Medical management   |
| 389B | Hyphema   | Removal of blood clot; observation   |
| 485B | Inflammation of lacrimal passages   | Incision; medical management   |
| 909B | Open wound of eyeball and other eye structures  | Medical and surgical management  |
| 407B | Primary and open angle glaucoma with failed medical management  | Trabeculectomy; other surgery  |
| 419B | Purulent endophthalmitis  | Vitrectomy   |
| 922B | Retained intraocular foreign body   | Surgical management  |
| 904B | Retinal detachment, tear and other retinal disorders  | Vitrectomy; laser treatment; other surgery   |
| 906B | Retinal vascular occlusion; central retinal vein occlusion  | Laser surgery  |
| 409B | Sympathetic uveitis and degenerative disorders and conditions of globe; sight threatening thyroid optopathy | Enucleation; medical management; surgery   |

### EAR, NOSE, MOUTH AND THROAT

| Code | Diagnosis   | Treatment  |
|------|---|--|
| 33C  | Acute and chronic mastoiditis   | Mastoidectomy; medical management  |
| 482C | Acute otitis media  | Medical and surgical management, including myringotomy                             |
| 900C | Acute upper airway obstruction, including croup, epiglottitis and acute laryngotracheitis | Medical management; intubation; tracheostomy                                       |
| 950C | Cancer of oral cavity, pharynx, nose, ear, and larynx – treatable                         | Medical and surgical management, which includes chemotherapy and radiation therapy |
| 241C | Cancrum oris  | Medical and surgical management  |
| 38C  | Choanal atresia   | Repair of choanal atresia  |
| 133C | Cholesteatoma   | Surgical and medical management  |
| 910C | Chronic upper airway obstruction, resulting in cor pulmonale                              | Surgical and medical management  |
| 901C | Cleft palate and / or cleft lip without airway obstruction                                | Repair   |
| 12C  | Deep open wound of neck, including larynx; fracture of larynx or trachea, open            | Medical and surgical management;<br>ventilation                                    |
| 346C | Epistaxis – not responsive to anterior packing  | Cautery / repair / control haemorrhage   |
| 521C | Foreign body in ear & nose  | Removal of foreign body; and medical and surgical management                       |

| Code | Diagnosis  | Treatment   |
|------|--|---|
| 29C  | Foreign body in pharynx, larynx, trachea, bronchus & oesophagus              | Removal of foreign body   |
| 339C | Fracture of face bones, orbit, jaw; injury to optic and other cranial nerves | Medical and surgical management                                     |
| 219C | Leukoplakia of oral mucosa, including tongue                                 | Incision / excision; medical management                             |
| 132C | Life-threatening diseases of pharynx NOS, including retropharyngeal abscess  | Medical and surgical management                                     |
| 457C | Open wound of ear-drum   | Tympanoplasty; medical management                                   |
| 240C | Peritonsillar abscess  | Incision and drainage of abscess; tonsillectomy; medical management |
| 347C | Sialoadenitis; abscess / fistula of salivary glands                          | Surgery   |
| 543C | Stomatitis, cellulites and abscess of oral soft tissue;<br>Vincent's angina  | Incision and drainage; medical management                           |



Prescribed Minimum Benefits and Chronic Medication

|      | RESPIRATORY SYSTEM  |  |
|------|---|--|
| Code | Diagnosis   | Treatment  |
| 903D | Bacterial, viral, fungal pneumonia  | Medical management, ventilation  |
| 158D | # Respiratory failure, regardless of cause  | # Medical management; oxygen; ventilation  |
| 157D | Acute asthmatic attack; pneumonia due to respiratory syncytial virus in persons under age 3     | Medical management   |
| 125D | Adult respiratory distress syndrome; inhalation and aspiration pneumonias                       | Medical management; ventilation  |
| 315D | Atelectasis (collapse of lung)  | Medical and surgical management; ventilation   |
| 340D | Benign neoplasm of respiratory and intrathoracic organs   | Biopsy; lobectomy; medical management; radiation therapy                                 |
| 950D | Cancer of lung, bronchus, pleura, trachea, mediastinum and other respiratory organs – treatable | Medical and surgical management,<br>which includes chemotherapy and<br>radiation therapy |
| 170D | Empyema and abscess of lung   | Medical and surgical management  |
| 934D | Frank haemoptysis   | Medical and surgical management  |
| 203D | Hypoplasia and dysplasia of lung  | Medical and surgical management  |
| 900D | Open fracture of ribs and sternum; multiple rib fractures; flail chest                          | Medical and surgical management, ventilation   |
| 5D   | Pneumothorax and haemothorax  | Tube thoracostomy / thoracotomy  |

|      | H I I I I I I I I I I I I I I I I I I I   | IEART AND VASCULATURE                                |  |
|------|---|--|--|
| Code | Diagnosis   | Treatment  |  |
| 155E | Myocarditis; cardiomyopathy; transposition of great<br>vessels;<br>hypoplastic left heart syndrome                    | Medical and surgical management; cardiac transplant  |  |
| 108E | Pericarditis  | Medical and surgical management                      |  |
| 907E | Acute and subacute ischemic heart disease, including myocardial infarction and unstable angina                        | Medical management; surgery; percutaneous procedures |  |
| 284E | Acute pulmonary heart disease and pulmonary emboli  | Medical and surgical management                      |  |
| 35E  | Acute rheumatic fever   | Medical management                                   |  |
| 908E | Aneurysm of major artery of chest, abdomen, neck,<br>unruptured or ruptured NOS                                       | Surgical management                                  |  |
| 26E  | Arterial embolism / thrombosis: abdominal aorta, thoracic aorta   | Medical and surgical management                      |  |
| 204E | Cardiac failure: acute or recent deterioration of chronic cardiac failure   | Medical treatment                                    |  |
| 98E  | Complete, corrected and other transposition of great vessels  | Repair   |  |
| 97E  | Coronary artery anomaly   | Anomalous coronary<br>artery ligation                |  |
| 309E | Diseases and disorders of aortic valve NOS  | Aortic valve replacement                             |  |
| 210E | Diseases of endocardium; endocarditis   | Medical management                                   |  |
| 314E | Diseases of mitral valve  | Valvuloplasty; valve replacement; medical management |  |
| 902E | Disorders of arteries: visceral   | Bypass graft; surgical management                    |  |
| 18E  | Dissecting or ruptured aortic aneurysm  | Surgical management                                  |  |
| 915E | Gangrene; severe atherosclerosis of arteries of extremities;<br>diabetes mellitus with peripheral circulatory disease | Medical and surgical management including amputation |  |

| Code | Diagnosis  | Treatment   |
|------|--|---|
| 294E | Giant cell arteritis, Kawasaki disease, hypersensitivity<br>angiitis   | Medical management                                  |
| 450E | Hereditary haemorrhagic telangiectasia   | Excision  |
| 901E | Hypertension – acute life-threatening complications and<br>malignant hypertension; renal artery stenosis and other<br>curable hypertension | Medical and surgical management                     |
| 111E | Injury to major blood vessels – trunk, head and neck, and upper limbs  | Repair  |
| 19E  | Injury to major blood vessels of extremities   | Ligation  |
| 903E | Life-threatening cardiac arrhythmias   | Medical and surgical ma<br>pacemakers, cardioversio |
| 900E | Life-threatening complications of elective cardiac and major vascular procedures   | Medical and surgical ma                             |
| 497E | Multiple valvular disease  | Surgical management                                 |
| 355E | Other aneurysm of artery – peripheral  | Surgical management                                 |
| 905E | Other correctable congenital cardiac conditions  | Surgical repair; medical                            |
| 100E | Patent ductus arteriosus; aortic pulmonary fistula – persistent  | Ligation  |
| 209E | Phlebitis & thrombophlebitis, deep   | Ligation and division; m                            |
| 914E | Rheumatic pericarditis; rheumatic myocarditis  | Medical management                                  |
| 16E  | Rupture of papillary muscle  | Medical and surgical ma                             |
| 627E | Shock / hypotension – life-threatening   | Medical management; v                               |
| 99E  | Tetralogy of Fallot (TOF)  | Total repair tetralogy                              |
| 93E  | Ventricular septal defect – persistent   | Closure   |

A. 1980

| Code | Diagnosis   | Treatment  |
|------|---|--|
| 920F | Anal Fissure; Anal fistula  | Fissurectomy ; Fistulectomy; medical management                                    |
| 41F  | Abscess of intestine  | Drain abscess; medical management  |
| 489F | Acquired hypertrophic pyloric stenosis and other disorders of the stomach and duodenum                | Surgical management  |
| 254F | Acute diverticulitis of colon   | Medical and surgical management,<br>including colon resection                      |
| 124F | Acute vascular insufficiency of intestine   | Colectomy  |
| 337F | Amoebiasis; typhoid   | Medical management   |
| 264F | Anal and rectal polyp   | Excision of polyp  |
| 9F   | Appendicitis  | Appendectomy   |
| 952F | Cancer of retroperitoneum, peritoneum, omentum and mesentery – treatable                              | Medical and surgical management, which includes chemotherapy and radiation therapy |
| 950C | Cancer of the gastro-intestinal tract, including oesophagus, stomach, bowel, rectum, anus – treatable | Medical and surgical management, which includes radiation therapy and chemotherapy |
| 95F  | Congenital anomalies of upper alimentary tract – excluding tongue                                     | Medical and surgical management  |
| 214F | Oesophageal stricture   | Dilation; surgery  |
| 516F | Oesophageal varices   | Medical management; surgical shunt; sclerotherapy                                  |
| 902F | Gastric or intestinal ulcers with haemorrhage<br>or perforation                                       | Surgery; endoscopic diagnosis; medical management                                  |

| Code | Diagnosis   | Treatment                             |
|------|---|---------------------------------------|
| 901F | Gastroenteritis and colitis with life-threatening haemorrhage or dehydration, regardless of cause                         | Medical management                    |
| 6F   | Hernia with obstruction and / or gangrene;<br>uncomplicated hernias under age 18  | Repair; bowel resection               |
| 20F  | Intestinal obstruction without mention of hernia;<br>symptomatic foreign body in stomach, intestines,<br>colon and rectum | Excision; surgery; medical management |
| 232F | Paralytic ileus   | Medical management                    |
| 498F | Peritoneal adhesion   | Surgical management                   |
| ЗF   | Peritonitis, regardless of cause  | Medical and surgical management       |
| 555F | Rectal prolapse   | Partial colectomy                     |
| 292F | Regional enteritis; idiopathic proctocolitis – acute exacerbations and complications only                                 | Medical and surgical management       |
| 900F | Rupture of intra-abdominal organ  | Repair; splenectomy; resection        |
| 507F | Thrombosed and complicated haemorrhoids   | Haemorrhoidectomy; incision           |



### LIVER, PANCREAS AND SPLEEN

| Code | Diagnosis   | Treatment   |
|------|---|---|
| 325G | Acute necrosis of liver   | Medical management  |
| 327G | Acute pancreatitis  | Medical management, and where appropriate, surgical management          |
| 36G  | Budd-Chiari syndrome, and other venous embolism and thrombosis                                  | Thrombectomy / ligation   |
| 910G | Calculus of bile duct with cholecystitis  | Medical management; cholecystectomy;<br>other open or closed surgery    |
| 950G | Cancer of liver, biliary system and pancreas – treatable  | Medical and surgical management   |
| 255G | Cyst and pseudocyst of pancreas   | Drainage of pancreatic cyst   |
| 156G | Disorders of bile duct  | Excision; repair  |
| 910G | Gallstone with cholecystitis and / or jaundice  | Medical management;<br>cholecystectomy;<br>other open or closed surgery |
| 743G | Hepatorenal syndrome  | Medical management  |
| 27G  | Liver abscess; pancreatic abscess   | Medical and surgical management   |
| 911G | Liver failure; hepatic vascular obstruction; inborn errors of liver metabolism; biliary atresia | Liver transplant, other surgery,<br>medical management                  |
| 231G | Portal vein thrombosis  | Shunt   |
|      |   |   |

## MUSCULOSKELETAL SYSTEM: TRAUMA NOS

| Diagnosis  | Treatment   |
|--|---|
| Abscess of bursa or tendon   | Incision and drainage   |
| Acute osteomyelitis  | Medical and surgical management   |
| Cancer of bones – treatable  | Medical and surgical management,<br>which includes chemotherapy and<br>radiation therapy  |
| Chronic osteomyelitis  | Incision and drainage   |
| Closed fractures / dislocations of limb bones / epiphyses – excluding fingers and toes | Reduction / relocation  |
| Congenital dislocation of hip; coxa vara and valga; congenital clubfoot                | Repair / reconstruction   |
| Crush injuries of trunk, upper limbs, lower limbs, including blood vessels             | Surgical management;<br>ventilation;<br>acute renal dialysis  |
| Dislocations / fractures of vertebral column without spinal cord injury                | Medical management;<br>surgical stabilisation   |
| Disruptions of the achilles / quadriceps tendons                                       | Repair  |
| Fracture of hip  | Reduction;<br>hip replacement   |
| Injury to internal organs  | Medical and surgical management   |
| Open fracture / dislocation of bones or joints   | Reduction / relocation;<br>medical and surgical management  |
| Pyogenic arthritis   | Medical and surgical management   |
| Traumatic amputation of limbs, hands, feet and digits                                  | Replantation / amputation   |
|  | Abscess of bursa or tendon<br>Acute osteomyelitis<br>Cancer of bones – treatable<br>Chronic osteomyelitis<br>Closed fractures / dislocations of limb bones / epiphyses –<br>excluding fingers and toes<br>Congenital dislocation of hip; coxa vara and valga;<br>congenital clubfoot<br>Crush injuries of trunk, upper limbs, lower limbs,<br>including blood vessels<br>Dislocations / fractures of vertebral column without spinal<br>cord injury<br>Disruptions of the achilles / quadriceps tendons<br>Fracture of hip<br>Injury to internal organs<br>Open fracture / dislocation of bones or joints<br>Pyogenic arthritis |

|      |   | SKIN AND BREAST  |
|------|---|--|
| Code | Diagnosis   | Treatment  |
| 465J | Acute lymphadenitis   | Incision and drainage; medical management  |
| 900J | Burns, greater than 10% of body surface, or more than 5% involving head, neck, hands, perineum                                | Debridement; free skin graft; medical management   |
| 950J | Cancer of breast – treatable  | Medical and surgical management, which includes chemotherapy and radiation therapy             |
| 954J | Cancer of skin, excluding malignant melanoma –<br>treatable   | If histologically confirmed, medical and surgical management, which includes radiation therapy |
| 952J | Cancer of soft tissue, including sarcomas and malignancies of the adnexa – treatable  | Medical and surgical management, which includes chemotherapy and radiation therapy             |
| 349J | Cellulitis and abscesses with risk of organ or limb damage<br>or septicemia if untreated; necrotising fasciitis               | Medical and surgical management  |
| 901J | Disseminated bullous skin disease, including pemphigus,<br>pemphigoid, epidermolysis bullosa, epidermolytic<br>hyperkeratosis | Medical management   |
| 951J | Lethal midline granuloma  | Medical management, which includes radiation therapy   |
| 953J | Malignant melanoma of skin – treatable  | Medical and surgical management, which includes radiation therapy                              |
| 373J | Non-superficial open wounds – non life-threatening  | Repair   |
| 356J | Pyoderma; body, deep-seated fungal infections   | Medical management   |
| 112J | Toxic epidermal necrolysis and staphylococcal scalded skin syndrome; Stevens-Johnson syndrome                                 | Medical management   |

Prescribed Minimum Benefits and Chronic Medication

### ENDOCRINE, METABOLIC AND NUTRITIONAL

| Code | Diagnosis   | Treatment  |
|------|---|--|
| 331K | Acute thyroiditis   | Medical management   |
| 951K | Benign and malignant tumours of pituitary gland with / without hypersecretion syndromes             | Medical and surgical management;<br>radiation therapy                              |
| 30K  | Benign neoplasm of islets of Langerhans   | Excision of tumour; medical management   |
| 950K | Cancer of endocrine system, excluding thyroid – treatable   | Medical and surgical management, which includes chemotherapy and radiation therapy |
| 952K | Cancer of thyroid – treatable; carcinoid syndrome   | Medical and surgical management, which includes chemotherapy and radiation therapy |
| 61K  | Congenital hypothyroidism   | Medical management   |
| 902K | Disorder of adrenal secretion NOS   | Medical management; adrenalectomy  |
| 447K | Disorders of parathyroid gland; benign neoplasm of parathyroid gland                                | Medical and surgical management  |
| 904K | Hyper and hypothyroidism with life-threatening<br>complications or requiring surgery                | Medical management;<br>Surgery   |
| 31K  | Hypoglycemic coma; hyperglycemia; diabetic ketoacidosis   | Medical management   |
| 236K | Iron deficiency; vitamin and other nutritional deficiencies – life-threatening                      | Medical management   |
| 901K | Life-threatening congenital abnormalities of carbohydrate, lipid, protein and amino acid metabolism | Medical management   |
| 903K | Life-threatening disorders of fluid and electrolyte balance, NOS                                    | Medical management   |

### URINARY AND MALE GENITAL SYSTEM

| Code | Diagnosis  | Treatment   |
|------|--|---|
| 354L | Abscess of prostate  | Turp; drain abscess   |
| 904L | Acute and chronic pyelonephritis; renal and perinephric abscess                        | Medical and surgical management   |
| 903L | Acute glomerulonephritis and nephrotic syndrome  | Medical management  |
| 954L | Cancer of penis and other male genital organ – treatable                               | Medical and surgical management, which includes chemotherapy and radiation therapy  |
| 953L | Cancer of prostate gland – treatable   | Medical and surgical management, which includes chemotherapy and radiation therapy  |
| 950L | Cancer of testis – treatable   | Medical and surgical management, which includes chemotherapy and radiation therapy  |
| 952L | Cancer of urinary system including kidney and bladder – treatable                      | Medical and surgical management, which includes chemotherapy and radiation therapy  |
| 906L | Congenital anomalies of urinary system – symptomatic and life-threatening              | Nephrectomy / repair  |
| 901L | End stage renal disease regardless of cause  | Dialysis and renal transplant where Department of<br>Health criteria are met only (see criteria published<br>in GPS 004-9001) |
| 900L | Hyperplasia of the prostate, with acute urinary retention or obstructive renal failure | Transurethral resection; medical management   |
| 905L | Obstruction of the urogenital tract, regardless of cause                               | Catheterisation; surgery; endoscopic removal of obstructing agent: lithotripsy  |
| 436L | Torsion of testis  | Orchidectomy; repair  |
| 43L  | Trauma to the urinary system including ruptured bladder                                | Cystorrhaphy; suture; repair  |
| 289L | Ureteral fistula (intestinal)  | Nephrostomy   |
| 359L | Vesicoureteral reflux  | Medical management; replantation  |

Prescribed Minimum Benefits and Chronic Medication

### FEMALE REPRODUCTIVE SYSTEM

| Code | Diagnosis  | Treatment  |
|------|--|--|
| 539M | Abscesses of Bartholin's gland and vulva   | Incision and drainage; medical management  |
| 288M | Acute pelvic inflammatory disease  | Medical and surgical management  |
| 954M | Cancer of cervix – treatable   | Medical and surgical management, which includes radiation therapy and chemotherapy |
| 952M | Cancer of ovary – treatable  | Medical and surgical management, which includes radiation therapy and chemotherapy |
| 950M | Cancer of uterus – treatable   | Medical and surgical management, which includes radiation therapy and chemotherapy |
| 953M | Cancer of vagina, vulva and other female genital organs NOS – treatable  | Medical and surgical management, which includes radiation therapy and chemotherapy |
| 960M | Cervical and breast cancer screening   | Cervical smears; periodic breast examination                                       |
| 645M | Congenital abnormalities of the female genitalia   | Medical and surgical management  |
| 266M | Dysplasia of cervix and cervical carcinoma-in-situ; cervical condylomata   | Medical and surgical management  |
| 53M  | Ectopic pregnancy  | Surgery  |
| 460M | Fistula involving female genital tract   | Closure of fistula   |
| 951M | Hydatidiform mole; choriocarcinoma   | D & C; hysterectomy; chemotherapy  |
| 902M | Infertility  | Medical and surgical management  |
| 528M | Menopausal management, anomalies of ovaries,<br>primary and secondary amenorrhoea, female sex<br>hormones abnormalities NOS, including hirsutism | Medical and surgical management, including hormone replacement therapy             |
| 434M | Non-inflammatory disorders and benign neoplasms of ovary, fallopian tubes and uterus   | Salpingectomy; oophorectomy; hysterectomy; medical and surgical management         |
| 237M | Sexual abuse, including rape   | Medical management; psychotherapy  |

22

| Code | Diagnosis                          | Treatment   |
|------|------------------------------------|---|
| 903M | Spontaneous abortion               | Medical and surgical management                   |
| 435M | Torsion of ovary                   | Oophorectomy; ovarian cystectomy                  |
| 530M | Uterine prolapse; cystocele        | Surgical repair                                   |
| 296M | Voluntary termination of pregnancy | Induced abortion; medical and surgical management |

| Code | Diagnosis  | Treatment  |
|------|--|--|
| 67N  | # Low birth weight (under 1000g) with respiratory difficulties                         | # Medical management not including ventilation                                 |
| 967N | # Low birth weight (under 2500 grams and > 1000g)<br>with respiratory difficulties     | # Medical management, including ventilation;<br>intensive care therapy         |
| 71N  | Birth trauma for baby  | Medical management; surgery  |
| 901N | Congenital systemic infections affecting the newborn                                   | Medical management, ventilation  |
| 904N | Haematological disorders of the newborn  | Medical management   |
| 54N  | Necrotizing enterocolitis in newborn   | Medical and surgical management  |
| 74N  | Neonatal and infant GIT abnormalities and disorders, including malrotation and atresia | Medical and surgical management  |
| 902N | Neonatal endocrine, metabolic and toxin-induced conditions                             | Medical management   |
| 903N | Neurological abnormalities in the newborn  | Medical management   |
| 52N  | Pregnancy  | Antenatal and obstetric care necessitating hospitalisation, including delivery |
| 56N  | Respiratory conditions of newborn  | Medical management; ventilation  |

### PREGNANCY AND CHILDBIRTH

| HAEMATOLOGICAL, INFECTIOUS AND MISCELLANEOUS SYSTEMIC CONDITIONS |
|--|
|--|

| Code | Diagnosis  | Treatment   |
|------|--|---|
| 50S  | Syphilis – congenital, secondary and tertiary  | Medical management  |
| 1685 | # HIV-infection  | <ul> <li># HIV voluntary counselling and testing         <ul> <li>Co-trimoxazole as preventative therapy</li> <li>Screening and preventative therapy for TB</li> <li>Diagnosis and treatment of sexually transmitted infections</li> <li>Pain management in palliative care</li> <li>Treatment of opportunistic infections</li> <li>Prevention of mother-to-child transmission of HIV</li> <li>Post-exposure prophylaxis following occupational exposure</li> <li>or sexual assault</li> <li>Medical management and medication, including the provision</li> <li>of anti-retroviral therapy, and ongoing monitoring for</li> <li>medicine effectiveness and safety, to the extent provided for</li> <li>in the national guidelines applicable in the public sector</li> </ul> </li> </ul> |
| 260S | # Imminent death regardless of diagnosis   | # Comfort care; pain relief; hydration  |
| 113S | Acquired haemolytic anaemias   | Medical management  |
| 901S | Acute leukemias, lymphomas   | Medical management, which includes chemotherapy, radiation therapy, bone marrow transplantation   |
| 277S | Anaerobic infections – life threatening  | Medical management; hyperbaric oxygen   |
| 485  | Anaphylactic shock   | Medical management; ventilation   |
| 900S | Aplastic anaemia; agranulocytosis; other life-threatening hereditary immune deficiencies | Bone marrow transplantation;<br>medical management  |
| 197S | Botulism   | Medical management  |
| 338S | Cholera; rat-bite fever  | Medical management  |
| 196S | Chronic Granulomatous disease  | Medical management, which includes radiation therapy  |
| 916S | Coagulation defects  | Medical management  |
| 246S | Cysticercosis; other systemic cestode infection  | Medical management  |
| 44S  | Erysipelas   | Medical management  |

| Code | Diagnosis  | Treatment   |
|------|--|---|
| 9035 | Deep-seated (excluding nail infections), disseminated and systemic fungal infections                           | Medical management;<br>surgery  |
| 179S | Hereditary angioedema; angioneurotic adema   | Medical and surgical management   |
| 174S | Hereditary haemolytic anaemias (e.g. sickle cell); dyserythropoietic anaemia (congenital)                      | Medical management  |
| 201S | Herpetic encephalitis; Reye's syndrome   | Medical management  |
| 913S | Immune compromise NOS and associated life-threatening infections NOS   | Medical management  |
| 9125 | Leprosy and other systemic mycobacterial infections, excluding tuberculosis                                    | Medical management  |
| 336S | Leptospirosis; spirochaetal infections NOS   | Medical management  |
| 252S | Life-threatening anaemia NOS   | Medical management; transfusion   |
| 9085 | Life-threatening conditions due to exposure to the elements, including hypo and hyperthermia; lighting strikes | Medical management  |
| 907S | Life-threatening rickettsial and other arthropod-borne diseases  | Medical management  |
| 172S | Malaria; trypanosomiasis; other life-threatening parasitic disease   | Medical management  |
| 904S | Metastatic infections; septicemia  | Medical management  |
| 9105 | Multiple myeloma and chronic leukaemias  | Medical management which includes<br>radiation therapy and chemotherapy   |
| 247S | Poisoning by ingestion, injection, and non-medicinal agents  | Medical management  |
| 9115 | Sexually transmitted diseases with systemic involvement not elsewhere specified                                | Medical management  |
| 128S | Tetanus; anthrax; Whipple's disease  | Medical management  |
| 122S | Thalassemia and other haemoglobinopathies – treatable  | Medical management; bone marrow transplant  |
| 316S | Toxic effect of gasses, fumes, and vapors  | Medical therapy   |
| 11S  | Tuberculosis   | Diagnosis and acute medical management; successful transfer<br>to maintenance therapy in accordance to DOH guidelines |

| Code | Diagnosis   | Treatment          |
|------|---|--------------------|
| 937S | Tumour of internal organ (excludes skin): unknown whether benign or malignant | Biopsy             |
| 15S  | Whooping cough, diptheria   | Medical management |

|      | MENTAL ILLNESS  |  |
|------|---|--|
| Code | Diagnosis   | Treatment  |
| 182T | Abuse or dependence on psychoactive substance, including alcohol  | Hospital-based management up to 3 weeks / year   |
| 910T | Acute delusional mood, anxiety, personality, perception disorders and organic mental disorder caused by drugs | Hospital-based management up to 3 days   |
| 901T | Acute stress disorder accompanied by recent significant trauma, including physical or sexual abuse            | Hospital admission for psychotherapy / counselling up to<br>3 days, or up to 12 outpatient psychotherapy / counselling<br>contacts   |
| 910T | Alcohol withdrawal delirium; alcohol intoxication delirium  | Hospital-based management up to 3 days leading to rehabilitation   |
| 908T | Anorexia Nervosa and Bulimia Nervosa  | Hospital-based management up to 3 weeks / year or<br>minimum of 15 outpatient contacts per year  |
| 903T | Attempted suicide, irrespective of cause  | Hospital-based management up to 3 days or up to 6 outpatient contacts  |
| 184T | Brief reactive psychosis  | Hospital-based management up to 3 weeks / year   |
| 910T | Delirium: Amphetamine, Cocaine, or other psychoactive substance   | Hospital-based management up to 3 days   |
| 902T | Major affective disorders, including unipolar and bipolar depression  | Hospital-based management up to 3 weeks / year<br>(including inpatient electroconvulsive therapy and<br>inpatient psychotherapy) or outpatient psychotherapy<br>of up to 15 contacts |
| 907T | Schizophrenic and paranoid delusional disorders   | Hospital-based management up to 3 weeks / year   |
| 909T | Treatable dementia  | Admission for initial diagnosis; management of acute psychotic symptoms – up to 1 week   |

### CHRONIC CONDITIONS

| Addison's Disease                        | Epilepsy                     |
|--|------------------------------|
| Asthma                                   | Glaucoma                     |
| Bipolar Mood Disorder                    | Haemophilia                  |
| Bronchiectasis                           | Hyperlipidaemia              |
| Cardiac Failure                          | Hypertension                 |
| Cardiomyopathy                           | Hypothyroidism               |
| Chronic Renal Disease                    | Multiple Sclerosis           |
| Chronic Obstructive Pulmonary<br>Disease | Parkinson's Disease          |
| Coronary Artery Disease                  | Rheumatoid Arthritis         |
| Crohn's Disease                          | Schizophrenia                |
| Diabetes Insipidus                       | Systemic Lupus Erythematosis |
| Diabetes Mellitus Type 1 & 2             | Ulcerative Colitis           |
| Dysrhythmias                             |                              |

Diagnosis, medical management and medication, to the extent that this is provided for by way of a therapeutic algorithm for the specified condition, published by the Minister by notice in the Gazette.



Prescribed Minimum Benefits and Chronic Medication







### Our contact details:

Block E, Hadefields, 1267 Pretorius Street Hatfield, Pretoria

> Private Bag X34 Hatfield 0028

Tel: 0861 123 267 | 012 431 0500 Fax: 012 431 0608 | 012 430 7644

complaints@medicalschemes.com

www.medicalschemes.com

