



SADAG Activities 2011

December 2011

DATE	ACTIVITY	AREA	TOPIC	
29 Jan	SADAG Monthly Counsellor Meeting	Sandton, JHB	Ian Lipman-Complex Relationships	C
3 Feb	SADAG Recruitment Interviews	Sandton, JHB	New Counsellors Interviews	CB
11 Feb	UJ Soweto Campus Wellness Day	Soweto	Mental Health Awareness Stand	C
12 Feb	SADAG School Talk Training	Sandton, JHB	Substance Abuse and Teen Suicide	CB
13-20 Feb	Teen Suicide Prevention Week	NATIONAL		
15 Feb	Ligbron Academy of Technology Talk	Ermelo	DVD "More than Sad" & Speakers	D
17 Feb	Beyers Naude Secondary School Talk	Soweto	DVD "More than Sad" & Speakers	D
17 Feb	Westerning High School Talk	Port Elizabeth	DVD "More than Sad" & Speakers	CB
18 Feb	Zwaanswyk Academy Talk	Cape Town	DVD "More than Sad" & Speakers	D
21-23 Feb	Dep. of Education Teachers Workshop	Soweto, Gau	Suicide Prevention & Depression	C
25 Feb	Transnet Wellness day	JHB	Mental Health Awareness Stand	C
26Feb	SADAG Monthly Counsellor Meeting	Sandton, JHB	Kevin Bolon "OCD and Exposure"	C
26Feb	SADAG Recruitment Interviews	Sandton, JHB	New Counsellor Interviews	CB
4 March	Wits Counsellor Recruitment Talk	JHB	Recruitment - Who is SADAG?	CB
9 March	UJ Counsellor Recruitment Talk	JHB	Recruitment - Who is SADAG?	R
7 March	Immaculate High School Talk	Soweto, JHB	Dep & Teen Suicide Prevention	C
7-8 Mar	Support Group Leader Meeting	Durban, KZN	Starting a SADAG Support Group	Z
7 March	Christian Assembly Church Workshop	Uppington, NC	"Making Mental Health Matter" Talk	RE
7 March	NG Kerk Workshop	Uppington, NC	"Coping with Depression" Talk	RE
8 March	Pabellello High School Talk	Uppington, NC	Substance Abuse Prevention Talk	RE
8 March	Uppington Police Station Talk	Uppington, NC	"Dealing with Trauma & Dep" Talk	RE
8 March	Gordonia Hospital Nurses Talk	Uppington, NC	"No Cost ways to treat Depression"	RE
8 March	Uppington MediClinic Nurses Workshop	Uppington, NC	"Making Mental Health Matter" Talk	RE
9 March	Hoerskool Duinveld School Talk	Uppington NC	Substance Abuse Prevention Talk	RE
9 March	Uppington Prison Warden's Talk	Uppington NC	"No Cost ways to treat Depression"	RE
9 March	Uppington Civic Hall Public Talk	Uppington NC	"Making Mental Health Matter" Talk	RE
10 March	Leerkrans Intermediate School Talk	Uppington NC	Substance Abuse Prevention Talk	RE
12 March	SADAG Recruitment Interviews	Sandton, JHB	New Counsellor Interviews	CB
14-17March	National Substance Abuse Summit	Durban, KZN	Substance Abuse Prevention in School	EM
16 March	Central Karoo Hospital Nurses Talk	De Aar, NC	"Making Mental Health Matter"	CB
16 March	De Aar Day Clinic Nurses Workshop	De Aar, NC	"Treating Trauma and Depression"	CB
17 March	Monwabisi High School Talk	De Aar, NC	Substance Abuse Prevention Talk	CB
17 March	Fetal Alcohol Syndrome Organisation	De Aar, NC	"Power of Support Group" Talks	CB
18 March	Helen Joseph Hospital Workshop	JHB	Nurses Support Group Training	C
22 March	Yeshiva Girls College Talk	JHB	Depression and Anxiety Talk	C
22 March	Lekhela Secondary School Talk	Kimberley, NC	Substance Abuse Prevention Talk	RE
22 March	FAMSA Counsellor Talk	Kimberley, NC	Depression & Suicide Prevention	RE
22 March	SANCA Counsellor Talk	Kimberley, NC	Depression & Suicide Prevention	RE
23 March	Emang Mmogo Comprehensive School	Kimberley, NC	Substance Abuse Prevention Talk	RE
23 March	Technical High School Talk	Kimberley, NC	Substance Abuse Prevention Talk	RE
23 March	Kimberley SAPS Officer Talk	Kimberley, NC	Trauma & Suicide Prevention Talk	RE
23 March	Yonder Counselling House Workshop	Kimberley, NC	Depression and Trauma Talk	RE
23 March	Kimberley Social Center Talk	Kimberley, NC	Making Mental Health Matter Talk	RD
24 March	Ixunkhwesa High School Talk	Kimberley, NC	Substance Abuse Prevention Talk	RE
24 March	Redirile Intermediate School Talk	Kimberley, NC	Substance Abuse Prevention Talk	RE
24 March	West End Hospital Nurses Talk	Kimberley, NC	Depression and Trauma Talk	RE
25 March	Vuyolwethu Secondary School Talk	Kimberley, NC	Substance Abuse Talk	RE
26-27 Mar	Counsellor & Support Group Training	Sandton, JHB	Annual SADAG Counsellors Training	C
26 Mar	SADAG Counsellor Meeting	Sandton, JHB	Laughter Therapy – Bill Gee	C
29 Mar	Diepsloot Community Talk	Diepsloot, JHB	Safe Use of Medicines Talk	L
4-5 April	Carter Center Journalist Conference	Sandton, JHB	Responsible Reporting-Mental Health	R

4 Apr	WITS Counselling Masters Students Talk	JHB	SADAG & Depression Talk	CB
5 – 8 Apr	National Nurses Summit	Sandton, JHB	Speaking Books & Safe Use of Meds	EM
12 Apr	WITS Counselling Masters Students Talk	JHB	Anxiety Disorders and Case Studies	CB
14 April	Benmore Pick 'n Pay Ladies Group Talk	Sandton JHB	Who is SADAG	C
18 Apr	IAPO Grassroots NGO Workshop	JHB	SADAG & PHANGO	CC
19-20 Apr	IAPO Regional Meeting	JHB	SADAG & Safe Use of Medicines	EM
19 Apr	Sandton Support Group Meeting	JHB	Dr Colinda Linde – Mindfulness	CB
19 Apr	Amadlelo Aluhlaza School Talk	Piet Retief, Mpu	Substance Abuse Prevention Talk	RE
19 Apr	Piet Retief Hospital Nurses Workshop	Piet Retief, Mpu	SADAG & Safe Use of Medicines	LM
19 Apr	Uzwelo Children's Home Talk	Piet Retief, Mpu	Substance Abuse Prevention Talks	RE
19 Apr	Piet Retief SAPS Talk	Piet Retief, Mpu	Trauma and Suicide Prevention	LM
19 Apr	Ellen Old Age Home Talk	Piet Retief, Mpu	Coping with Depression Talk	EM
20 Apr	Ndlela Secondary School Talk	Piet Retief, Mpu	Substance Abuse Prevention Talk	EM
20 Apr	Tholusizwe Home Based Care Center	Piet Retief, Mpu	Making Mental Health Matter Talk	LM
20 Apr	Dirkiesdorp Clinic Nurses Talk	Piet Retief, Mpu	Importance of sticking to Meds	EM
20 Apr	Piet Retief Municipality Community Talk	Piet Retief, Mpu	SADAG & Power of Support Groups	LM
7 May	SADAG Counsellor Meeting	Sandton, JHB	Debbie Howes – Red Riding Hood Prog	CB
9 – 14 May	Speaking Books Conference	Nairobi, Kenya	Safe Use of Medicines Speaking Books	EM
9 May	Senior Counsellor - Mini Workshop	Sandton	Hero Book Workshop – Suzanne Leighton	CB
9 May	Aids Care Training and Support Clinic Talk	White River, Mpu	Depression, HIV & Support Groups	RE
9 May	Marie Stopes Clinic Nurses Talk	Nelspruit, Mpu	Coping with Trauma & Depression	LM
9 May	Nelspruit Community Center Talk	Nelspruit, Mpu	SADAG, Depression & Support Groups	RE
10 May	Lowveld High School Talk	White River, Mpu	Substance Abuse Prevention School Talk	RE
10 May	White River Children's Home Talk	White River, Mpu	Teen Depression and Suicide Prevention	RE
10 May	St Peters Church Community Talk	Nelspruit, Mpu	Depression & Power of Support Groups	RE
11 May	Correctional Services Warden Workshop	Nelspruit, Mpu	Trauma, Depression & Suicide Prevention	LM
11 May	Mayibuye High School Talk	Ngomeni, Mpu	Substance Abuse Prevention School Talk	RE
11 May	Kanyamazane Police Station Talk	Nelspruit, Mpu	PTSD, Depression & Suicide Prevention	LM
11 May	Kanyamazane Clinic Nurses Talk	Nelspruit, Mpu	SADAG, Depression & Support Groups	LM
11 May	Randfontein Municipality Wellness Day	Gauteng	Mental Health Wellness Stand	CB
11 May	Kanyamazane Gospel Church Talk	Nelspruit, Mpu	Dealing with Depression & Trauma Talk	RE
11 May	Nelspruit Mental Health Professionals Talk	Nelspruit, Mpu	SADAG and helping your patients	RE
12 May	EJ Singwane High School Talk	White River, Mpu	Substance Abuse Prevention School Talk	RE
16 May	IH Harris Primary School Debriefing	JHB	Grief and Bereavement	CC
24 May	Bipolar Day Workshop- Rhodes University	Eastern Cape	Living with Bipolar DVD & Talk	CC
26 May	BIPOLAR AWARENESS DAY	National		
26 May	Bipolar Day Workshop- Cape Town	Western Cape	Living with Bipolar DVD & Talk	CC
26 May	Bipolar Day Workshop-Lentegeur Hospital	Western Cape	Living with Bipolar DVD & Talk	CC
26 May	Bipolar Day Workshop- Stellenbosch	Western Cape	Living with Bipolar DVD & Talk	CC
26 May	Bipolar Day Workshop- Bloemfontein	Free State	Living with Bipolar DVD & Talk	CC
26 May	Bipolar Day Workshop- Potchefstroom	North West	Living with Bipolar DVD & Talk	CC
26 May	Bipolar Day Workshop- Vanderbijlpark	North West	Living with Bipolar DVD & Talk	CC
26 May	Bipolar Day Workshop- Westville	KZN	Living with Bipolar DVD & Talk	CC
26 May	Bipolar Day Workshop- UJ Campus	JHB	Living with Bipolar DVD & Talk	CC
26 May	Bipolar Day Workshop- Pretoria University	Pretoria	Living with Bipolar DVD & Talk	CC
26 May	Medihelp "Living with Bipolar" Breakfast	JHB	"Living with Bipolar Disorder"	CC
27 May	Bipolar Day Workshop- Lesedi Hospital	Soweto	Living with Bipolar DVD & Talk	CC
28 May	Bipolar Day Workshop- Benoni	JHB	Living with Bipolar DVD & Talk	CC
28 May	Bipolar Day Workshop- Port Elizabeth	Eastern Cape	Living with Bipolar DVD & Talk	CC
30 May	Bipolar Day Workshop- Observatory	Western Cape	Living with Bipolar DVD & Talk	CC
31 May	Bipolar Day Workshop- Sandton	JHB	Living with Bipolar DVD & Talk	CC
27-29 May	Parent & Teacher Education Expo	JHB	Teen Depression & Suicide Prevention	CB
28 May	SADAG Counsellor Meeting	Sandton, JHB	Round Table Talks	CB
31 May	Eagle House High School Talk	JHB	Teen Depression & Suicide	CB
31 May	Rabasothu Secondary School Talk	Diepsloot, JHB	Teen Depression & Suicide	CB
14 June	Tara Hospital Wellness Day	JHB	Mental Health Wellness Stand	CB
18 June	Brainstorm Support Group Talk	Benoni, Gauteng	Who is SADAG, Depression and Anxiety	CC
20 June	National Lotteries Board Consultative	Gallagher Estate	SADAG's Profile	EM
21 June	Indaba Public Health Conference	Gallagher Estate	SADAG's Profile	EM
22 June	Home Based Care Workers Workshop	Kagiso, Gauteng	Making MH Matter & Support Groups	CC
24 June	Dep Social Development Wellness Day	Pretoria	Depression Talk & Wellness Stand	CC
24-25 June	Diepsloot Mall Wellness Day	Diepsloot	Mental Health Awareness Stand	CC

25 June	SADAG Counsellor Meeting	Sandton	Adult ADHD – Dr Dora Wynchank	CC
26 June	SUBSTANCE ABUSE AWARENESS DAY	National		
27 June	Panic Day Workshop- Rosebank	JHB	Living with Panic Disorder & Speaker	CC
30 June	Minister of Health Chief Director NCD's	Pretoria	SADAG's interventions towards UN Ncd's	EM
4 July	Diepsloot Traditional Healers Workshop	Diepsloot, Gau	Understanding Mental Health	CC
4 July	Panic Day Workshop- Northriding	JHB	Living with Panic Disorder & Speaker	CC
7 July	SA Trust and Red Cross Conference	Benoni	SADAG's Activities and networking	EM
7 July	Panic Day Workshop- Soweto	JHB	Living with Panic Disorder & Speaker	CC
7 July	Panic Day Workshop- Cape Town	Western Cape	Living with Panic Disorder & Speaker	CC
7 July	Panic Day Workshop- Vereeniging	Gauteng	Living with Panic Disorder & Speaker	CC
8 July	UNDP South Africa Conference	Pretoria	SADAG's Profile	EM
9 July	Panic Day Workshop- Potchefstroom	North West	Living with Panic Disorder & Speaker	CC
9 July	Panic Day Workshop- Belhar	Western Cape	Living with Panic Disorder & Speaker	CC
9 July	Panic Day Workshop- Benoni	JHB	Living with Panic Disorder & Speaker	CC
9 July	Panic Day Workshop- Diepsloot	JHB	Living with Panic Disorder & Speaker	CC
10 July	PANIC AWARENESS DAY	National		
11 July	Panic Day Workshop- Alberton	JHB	Living with Panic Disorder & Speaker	CC
11 July	Population Council	Randburg	SADAG's Profile	EM
13 July	Panic Day Workshop- Pretoria	Pretoria	Living with Panic Disorder & Speaker	CC
14 July	Panic Day Workshop- Thabazimbi	Limpopo	Living with Panic Disorder & Speaker	CC
14 July	Panic Day Workshop- Springs	Gauteng	Living with Panic Disorder & Speaker	CC
14 July	Panic Day Workshop- Witbank	Mpumalanga	Living with Panic Disorder & Speaker	CC
14 July	Panic Day Workshop- East London	Eastern Cape	Living with Panic Disorder & Speaker	CC
14 July	Renaissance Wellness Day	JHB	Wellness Stand	CC
15 July	Ivory Park Clinic Nurses Talk	JHB	Nurses Workshop Depression	CC
16 July	Braamfontein Soup Kitchen Talk	JHB	Who is SADAG and Depression	CB
16 July	Talisman Foundation Panic Talk	JHB	Panic Disorder and DVD	CC
18 July	Eastleigh Primary School Teachers Talk	JHB	Teen Depression and Suicide Prevention	CB
19 July	Edenvale Retirement Home Talk	JHB	Depression and the Elderly	CB
20 July	Gauteng Department of Education	JHB	Teen Suicide Prevention Project	EM
21 July	Lyndhurst High School Talk	JHB	Substance Abuse Prevention School Talk	CB
26 July	Family Life Centre Social Workers Talk	Parkwood	Depression and Suicide	CC
27 July	Nedbank Wellness day	Sandton	SADAG Mental Health Stand	CC
27 July	Nedbank Corporate Talk	Sandton	Stress Depression and Burnout	CC
30 July	SADAG Counsellor Meeting	Sandton	Divorce Therapist – Dr Brook	CC
1 Aug	Fred Norman Secondary School Talk	Ennerdale	Teen Suicide Prevention	CB
2 Aug	Mafaesa Secondary School Talk	Mogalie City	Teen Suicide Prevention	CB
3 Aug	Panic Day Workshop- Westville	KZN	Living with Panic Disorder & Speaker	CC
3 Aug	Ivory park Secondary School Talk	Ivory Park	Teen Suicide Prevention	CB
4 Aug	Kagiso Secondary School Talk	Kagiso Gauteng	Teen Suicide Prevention	CB
5 Aug	KlipTown Secondary School Talk	Soweto, Gauteng	Teen Suicide Prevention	CB
17 Aug	Telkom Corporate Talk	Pretoria	Stress, depression and burnout	CC
17 Aug	Kwabhekilanga Secondary School Talk	Alexanda	Teen Suicide Prevention	CB
18 Aug	Diepsloot Women's Association Talk	Diepsloot	Depression and Women	CC
22-26 Aug	Telkom Wellness Week	Pretoria	Mental Health Stand	CC
23 Aug	Madiba Secondary School Talk	Kagiso Gauteng	Teen Suicide Prevention	CB
24 Aug	Boitumelong Secondary School Talk	Tembisa, Gau	Teen Suicide Prevention	CB
24 Aug	Capetown GP Conference	Cape Town	SADAG and Mental Health Stand	CC
24-25 Aug	CPSI Innovations Award	Durban	Speaking Books	EM
25-26 Aug	NCD's Conference of Health	Pretoria	SADAG	EM
26 Aug	Auditor General Talk	Cape Town	Depression and Stress	CC
29 Aug	Real Men Day	Pretoria	Depression and Stress	CC
30 Aug	North West Family Forum	North West	Who is SADAG	CC
30 Aug	Mosupatsela Secondary School Talk	Kagiso, Gauteng	Teen Suicide Prevention	CB
31 Aug	Bona Lesedi Secondary School Talk	Mamelodi East	Teen Suicide Prevention	CB
5 Sep	Nedbank Corporate talk	Sandton	Stress, Depression and Burnout	CC
6 Sep	Mpilisweni Secondary School Talk	Katlehong	Teen Suicide Prevention	CB
7 Sep	Mpontsheng Secondary School Talk	Katlehong	Teen Suicide Prevention	CB
9 Sep	UNISA Wellness Day and Talk	Daveyton	Depression and Stress	CB
10 Sep	WORLD SUICIDE PREVENTION DAY	International		
10 Sep	Into the Light- Suicide Remembrance Walk	Durban	Suicide Awareness	JC
12 Sep	Lotus Gardens Secondary School Talk	Laudium	Teen Suicide Awareness	CB

13 Sep	Munching For Mental Health Evening	Sandton	Fundraising Event	R
14 Sep	Durban SAPS Police Talk	KZN	Depression & Trauma-Francios DeMariny	CC
15 Sep	UNISA Wellness Day	Pretoria	Wellness Stand	CB
16 Sep	UNISA Wellness Day and Talk	Florida	Depression and Stress Awareness	CB
22 Sep	Seana Marena High School Talk	Soweto	Teen Suicide Awareness	CB
22 Sep	Rostering and Shift Conference	Bryanston	Sleeping Disorder and Stress	CC
24-25 Sep	Annual SADAG Counsellors Training	Sandton, JHB	Counsellor & Support Group Training	CC
24 Sep	SADAG Counsellor Meeting	Sandton, JHB	Teddy Bear Clinic- Marilou Murray	CC
26 Sep	Wits Medical School Students Talk	Braamfontein	Mental Health in SA & SADAG	CC
27 Sep	Umghele Secondary School Talk	Ivory Park	Teen Suicide Awareness	CB
28 Sep	Dr Harry Gwala Secondary School	Daveyton	Teen Suicide Awareness	CB
1 Oct	World Mental Health Day Event- Benoni	Benoni, JHB	Talk on Chronic Illness and Depression	CC
5 Oct	Ekurhuleni Youth Workshop	Vosloorus	Teen Suicide Awareness	CC
6 Oct	Katlehong Rural Community Workshop	Katlehong	Depression and HIV	CC
7 Oct	World Mental Health Day Event- Soweto	Soweto	Talk on Chronic Illness and Depression	CC
8 Oct	World Mental Health Day Event- East London	East London	Talk on Chronic Illness and Depression	CC
8 Oct	World Mental Health Day Event- PE	Port Elizabeth	Talk on Chronic Illness and Depression	CC
8 Oct	World Mental Health Day Event- Durban	KZN	Talk on Chronic Illness and Depression	CC
8 Oct	World Mental Health Day Event- PMB	Pietermaritzburg	Talk on Chronic Illness and Depression	CC
8 Oct	World Mental Health Day Event- Bloem	Bloemfontein	Talk on Chronic Illness and Depression	CC
8 Oct	World Mental Health Day Event- Potch	Potchefstroom	Talk on Chronic Illness and Depression	CC
10 Oct	WORLD MENTAL HEALTH DAY	International		
10 Oct	World Mental Health Day Event- JHB	Auckland Park	Talk on Chronic Illness and Depression	CC
10 Oct	World Mental Health Day Event- Sandton	Sandton	Talk on Chronic Illness and Depression	CC
10 Oct	World Mental Health Day Event- PTA	Pretoria	Talk on Chronic Illness and Depression	CC
10 Oct	World Mental Health Day Event- KZN	Durbanville	Talk on Chronic Illness and Depression	CC
10 Oct	World Mental Health Day Event- Gardens	Gardens, CT	Talk on Chronic Illness and Depression	CC
10 Oct	World Mental Health Day Event- Kimberley	Kimberley	Talk on Chronic Illness and Depression	CC
10 Oct	World Mental Health Day Event-Tzaneen	Tzaneen	Talk on Chronic Illness and Depression	CC
18 Oct	World Mental Health Day Event- Nelspruit	Nelspruit	Talk on Chronic Illness and Depression	CC
17-19 Oct	World Federation of Mental Health Conf	Cape Town	MH Posters & Presentation	CC
28 Oct	Randfontein Municipality Wellness Day	Gauteng	Mental Health Wellness Stand	CB
1-3 Nov	ICT Conference	JHB	Speaking Books	EM
3-4 Nov	Dep of Social Development Wellness	Pretoria	Bipolar Talk, Mental Health Stand	R
4 Nov	Deputy Minister of Health Meeting	Pretoria	Challenges/ Gaps in Mental Health	EM
4 Nov	CPSI Awards	Erkhuruleni	Annual Innovations Award	EM
9 Nov	Critical Thinking Forum	Glenhove	Health Promotion Foundation	EM
9 Nov	Tara Wellness Day	Sandton, JHB	Mental Health Wellness Stand	CB
10 Nov	Elton John Foundation	Benoni	Caregivers needs, burnout & peer support	EM
10 Nov	Soul City Institute	Braamfontein	Investing in Health Promotion	EM
15 Nov	SADAG Annual Meeting	Sandton, JHB	Annual Meeting with Sponsors	R
23 Nov	Hollard Insurance CAF South Africa	Sandton	Mental Health Wellness Stand	EM
24 Nov	Foundation for Professional Development	Pretoria	Community Implementers Forum	EM
28-30 Nov	Public Health Conference	Sandton	Closing the Health Equity Gap	EM
30 Nov	Counsel for Medical Schemes Talk	Sandton	PMB's and Medical Aids	CC
2 Dec	CRM Wellness Day	Soweto	Mental Health Wellness Stand	CC
2 Dec	Nampack Wellness Day and Talk	JHB	Depression Talk, Mental Health Stand	CC
6 Dec	CRM Wellness Day	Braamfontein	Mental Health Stand	CC
6 Dec	Metro Health Wellness Day and Talk	Soweto	Mental Health Stand and Who is SADAG	CC
8 Dec	3 Talk with Noeleen in Office	Sandton	Filming in the Office for Awareness	CC
9 Dec	Tara Service Excellence Awards	Sandton	Service Awards and Thank You event	CC
16 Dec	ZAR Fun Walk and Wellness Day	Sandton	Mental Health Stand	RA